

How NOT to Murder Your ADHD Kid Instead Learn How To Be Your Child's ADHD Coach

By: Sarah Templeton – ADH Coach and Counsellor
Publisher: Gemini Publishing

This is the best book on ADHD I have ever read – so insightful!

Each section/chapter ends with “Don’t even think about”
and “What works better”.

Some examples of her chapters are:

- The ADHD traits nobody told you about
- When they won't do as they're told
- When they won't share
- When food becomes a problem
- When they start stealing
- When they start getting in trouble with the Law
- When the question of medication comes up

If you need guidance on handling ADHD children and young people, this book is a must. There is also a glossary of terms/what does that mean, at the end of the book.

I did invite Sarah to speak at SPACE, but she can't cope with mornings, and won't book anything until after lunch.

I found this life-changing guidance on helping to understand ADHD, and I highly recommend it.

How **NOT** to Murder Your ADHD Kid Instead Learn How To Be YOUR CHILD'S OWN ADHD COACH!

WATCH UR MOUTH MUVVA !!!

HA! HA! U THINKS U'S
FUNNY WITH THE
MURDER JOKES

U AIN'T THE FEDS
U KNOW

DON'T DIS ME OR MY
FAM INNIT



*“You won't find another book like this -
written by an experienced Counsellor with ADHD
herself, who really understands ADHD kids and
how to get the best out of them.”
ADHD Specialist Paediatrician*

Sarah Templeton
ADHD Coach & Counsellor